Committee Guidelines

A. School Wellness Committee

The role of the District Wellness Committee is to promote the overall mission of St. Cloud Area School District 742 and to assist in establishing and maintaining a healthy and well campus environment for its students that will fosters lifelong healthy behaviors and decisions. It is the responsibility of the Committee to develop, implement, monitor, review, and as necessary, revise school nutrition and physical activity policies and administrative procedures. The Committee will assist school sites to implement policies and administrative procedures and will serve as a resource to inform and engage the school community.

1. Committee Role and Membership

The District will convene a representative district wellness committee (hereto referred to as the DWC) that meets at least four times per year to establish goals for and oversee school health and safety policies and programs, including development, implementation, and periodic review and update of this district-level wellness policy (heretofore referred as “wellness policy”).

The DWC membership will represent all school levels (pre-k, elementary, junior high, high school and transition programs) and include (to the extent possible), but not be limited to: parents and caregivers; students; representatives of the school nutrition program (ex., school nutrition director); physical education teachers; health education teachers; school health professionals (ex., health education teachers, school health services staff [i.e., nurses, physicians, dentists, health educators, and other allied health personnel who provide school health services], and mental health and social services staff [i.e., school counselors, psychologists, social workers, or psychiatrists]; school administrators (ex., superintendent, principal, vice principal), school board members; health professionals (ex., dietitians, doctors, nurses, dentists); and the general public. To the extent possible, the DWC will include representatives from each school building and reflect the diversity of the community.

2. Leadership

The Superintendent or designee(s) will convene the DWC and facilitate development of and updates to the wellness policy, and will ensure each school’s compliance with the policy. Each school will designate a school wellness policy coordinator, who will ensure compliance with the policy. Refer to Appendix A for a list of school level wellness policy coordinators.