

About

## Providing the Energy to Succeed

District 742 Nutritional Services provides all students with well-balanced, nutritious, high-quality meal options that promote good physical and mental development.

Nutritional Services proudly prepares meals for students and staff that are healthy, taste great and meet the tough new federal standards.

The District 742 menu provides a variety of choices and accommodates the wide range of students' tastes, as well as giving students the opportunity to try and enjoy new foods. Lunches at the middle and high schools include a main entree, choice of fruit, vegetable, bread and milk selection.

## Online Menu

We know that communicating nutrition information and daily menus is important. That is why we have NUTRISLICE, an online, interactive menu where students and parents can check out the nutritional content of our menu, a description of the menu item, as well as allergen and carbohydrate details. Go to [isd742.nutrislice.com](http://isd742.nutrislice.com)

About

## Creating Lifelong Healthy Eating Habits

Nutritional Services continues its focus on local foods and cleaner labels for students. Feeding students healthy quality meals plays a role in helping students reach their full potential. This year, students will be served a variety of apples from Collegeville Orchards and another orchard in Ham Lake. Additionally, fresh tomatoes are grown locally in Owatonna, Minnesota.

To assist in fueling healthy bodies, District 742 utilizes the Fresh Fruit and Vegetable Grant Program at Lincoln, Talahi, Discovery and Madison. This program creates a partnership with District 742 and the University of Minnesota Extension Program for educational events within the school cafeterias and classrooms. Students learn about fruits and vegetables and where they come from, creating lifelong healthy eating habits.

## Fun Facts

- Prepares approximately 2,000 nutritious breakfasts and 7,000 lunches each day.
- The Farm2School Program provides seasonal local produce from area farmers.
- Nutritional Services serves a Grab-N-Go breakfast.

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# Nutritional Services



Fueling Student Success

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# Payments

# Access

# Assistance

## Lunch Accounts

Families can check their food account balance, date of last transaction, and make secure online food account payments 24 hours a day, seven days a week through Skyward Family Access. Accounts are updated daily. Families have a variety of ways to pay for student lunch accounts.

- Send cash or check to the school office or lunch facilitator
- Pay online through RevTrak
  - Log in to Skyward Family
  - Click on "Food Service" tab

Any student who has a negative \$5.00 balance in his or her food account will be served a sandwich and a carton of milk in lieu of hot lunch. Visit RevTrak and click on "My Account" to view payment history or to update account information for making online payments.

## RevTrak

View payment instructions, update your account information, or make a payment through RevTrak.

- A link can be found under Nutritional Services Department on the District website.
- Log in to your Skyward Family Access account, click the "Food Service" tab.
- A link can be found on the "Families" tab on the District or school websites, under "Parent Tools."
- A link can also be found on school websites under "Parent Connect," under RevTrak.
- Read FAQs before starting.

## Free/Reduced Lunch Applications

Students may qualify for free or reduced-price school meals. To apply, families must complete an application each school year. Both paper and online applications are available. Paper applications are distributed by each school and can be downloaded from the District website on the Nutritional Services page at [isd742.org](http://isd742.org). The online application utilizes a secure website and provides faster approval times. Go to [stcloud.strataapps.com](http://stcloud.strataapps.com).

The application requires the student's ID which can be found in the Skyward Family account. Students usually know their IDs since it is the PIN number that they use for lunch.

Lastly, families should keep their response letters as they will need them throughout the year.

