SYMPTOMS/SICK FAMILY GUIDE
What Should I Do If My Child is Sick?

More Common Symptoms
- fever of 100.4 or higher
- shortness of breath or problem breathing
- loss of taste or smell
- cough

Less Common Symptoms
- muscle pain
- severe headache
- sore throat
- nausea or vomiting
- nasal congestion or runny nose
- chills
- excessive fatigue
- diarrhea

Child has 1 or more of these symptoms
Child has 2 or more of these symptoms

STAY HOME
Symptomatic child & any other school-age children in the home should stay home.

CONTACT YOUR SCHOOL NURSE
Go to Nursing Services Contact List.