

# Help Stop Bullying



1

**Learn**  
About Bullying

- Bullying is:
- When a person tries to hurt someone
  - When it happens again and again
  - When power is not equal



2

**Talk**  
to Your Child

- Ask Questions:
- Who do you talk to at school?
  - What do you do at recess?
  - Who do you have lunch with?



3

**Learn**  
the Signs

- Some Warnings Are:
- Personal items missing
  - Feeling sick
  - Do not want to go to school



4

**Work**  
With the School

- Work With the School
- Tell your child that it is not okay to bully or allow bullying
  - Tell your child to use STOP WALK & TALK
  - If you think your child is bullied at school, tell your child's school



5

**Learn**  
About Cyberbullying

- Cyberbullying is Bullying Using Technology
- Watch your child's Internet activity
  - Teach your child how to be responsible
  - Control your child's cell phone use

Visit [isd742.org/pbis](http://isd742.org/pbis) for more information and resources, including your school's Safe and Supportive Schools Plan

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