

Independent School District 742
Student Safety: Curriculum, Staffing, and Communication
Related to Pool Procedures and Practices

Curriculum

1. Swimming will continue to be a mandatory requirement in our physical education program. Accommodations may be made based on religious/cultural reasons upon request by parent/guardian to the school's MTSS Team.
2. A modified or adaptive instructional environment will be created for non-swimmers and particularly for non-swimmers who do not speak English.
 - A. Small sections (around 10 students) of swimming instruction will be offered at each secondary school in lieu of mainstream instruction.
 - B. The focus of each class will be to teach water survival skills and basic swimming strokes.
 - C. A Specialized Adapted Swim program (DAPE) will be provided for students with disabilities who show a need as identified by their IEP team.

Personnel

1. Teachers

- A. All physical education teachers who teach swimming will be required to have current Red Cross Lifeguard and CPR certifications.
- B. CPR certification and lifeguard certification needs to be renewed every two years, following Red Cross standards.

2. Lifeguards

- A. A certified Red Cross Lifeguard will be present for each swimming class in addition to the regular instructor. Because there is often a lack of available lifeguards, schools will have the option of utilizing a Phy Ed paraprofessional who is trained as a lifeguard.
- B. A certified Red Cross Lifeguard will be present for all extra-curricular swimming practices and events. This person may be the coach or may be a person in addition to the regular instructor.
- C. For Adapted P.E. classes (DAPE), a DAPE teacher who is a Red Cross certified lifeguard will be present. Students will have one on one support in the water. The DAPE teacher can be in the pool with the students to teach and show skills as long as there is another adult on the pool deck to provide visual supervision. No more than five students at a time can swim with this type of supervision. If there are more than five students in the group, a Red Cross certified lifeguard must be on the pool deck, in addition to the DAPE teacher. The maximum number of students with one-to-one support will be 10 at any given time.

3. The District will continue its practice of maintaining Certified Pool Operators at each pool in the District.

Communication and Review

1. A written copy of these guidelines, procedures, and practices will be given to parents each year.
2. These procedures and practices will be reviewed every three years under the direction of the Safety Coordinator.

Pool Procedures and Practices

1. All doors to the pool will be locked when the pool is not in use.
2. No students will be allowed in the pool area without the presence of an instructor or lifeguard.
3. All students will receive an orientation to pool safety (in their own language when at all possible). They will also be pre-tested to determine their swimming skills. Students who are not skilled will remain in the shallow end of the pool or be assigned to a special class for non-swimmers.

At the senior high schools, students with poor skills will be encouraged to wear life jackets.

4. In addition to the beginning of class attendance, a safety attendance check will be done during the class, and class attendance will be taken at the end of the class. Lifeguards will complete head counts frequently throughout the class period.
5. Direct instruction will take place in squads or small groups.
6. A partner system will be used in all schools. Partners will be instructed to complete frequent partner checks with each other and report absences to the lifeguard.
7. After class is dismissed, the instructor is to walk around the pool perimeter to make a visual inspection of the pool to be sure that all students are out of the water and have exited the pool area, and to assure that the deck area is clear of equipment, etc.
8. The instructor will exit and lock the doors to the pool.