

How to Succeed Physical Education

Know Your Teachers:

*Mr. Curry, Ms. Frenchick,
Ms. Kunkel & Mr. Holt*

WHAT'S THIS CLASS ABOUT?

*Developing physically
literate students who
have the knowledge,
skills, and confidence to
enjoy a lifetime of
physical activity*

WHAT WILL WE LEARN?

- *Skills, rules, and strategies necessary to participate in a variety of physical activities*
- *Implications and benefits of being involved in various types of activities*
- *Values of physical activity and how it makes a healthy lifestyle*

CLASS EXPECTATIONS: *Be Prepared with Athletic Clothing

*Be on Time *Respect Others and their Property

*Use Appropriate Language, Volume, & Tone

*Follow Directions

SOUTH JUNIOR HIGH SCHOOL



- ❖ Kind
- ❖ Cooperative
- ❖ Community

DAILY GRADING: 10 POINTS

4 PT- COMPLETING
WARM UP
4PT- UNIT
PARTICIPATION
2 PT- BEHAVIOR/ON
TIME

SUPPLIES - Students
should come prepared to
class **EVERY** day.

*The following items are
required:*

- Athletic Shoes
- Shorts or Pants
- Athletic Shirt
- device when told by
teacher

Major Units of Study

Trimester 1

- *Lifetime Sports
- *Fitness Testing
- *Individual Sports
- * Team Sports

Trimester 2

- *Team Sports
- * Team building
Activities
- * Weight Room

Trimester 3

- *Fitness Testing
- * Individual Sports
- * Team Sports
- * Lifetime Sports

Always do your
own work to
ensure **your**
learning.
Academic Integrity
= South Proud!



HOW WILL I BE GRADED?

Grading Rubric

- A - Demonstrates understanding of standards/benchmarks to exceed expectations
- B - Demonstrates a secure level of understanding of standards/benchmarks
- C - Demonstrates a developing level of understanding of standards/benchmarks
- D - Demonstrates a beginning level of understanding of standards/benchmarks
- F - Demonstrates insufficient evidence of understanding of standards/benchmarks

Work/Study Skills No Behavior Graded

Percentage Grading Scale

A+ 100% - 97%	C+ 77% - 79%
A 93% - 96%	C 73% - 76%
A- 90% - 92%	C- 70% - 72%
B+ 87% - 89%	D+ 67% - 69%
B 83% - 86%	D 63% - 66%
B- 80% - 82%	D- 60% - 62%
	F 59% - 0%

WHAT IF I NEED HELP?

- Ask Questions
- Check Schoology
- Email PE teacher
- Use virtual office
hours