

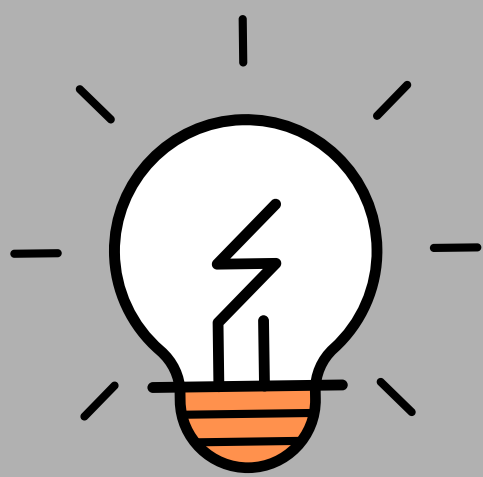
# TECH AFTER HOURS

## YOGA

Need to relax and decompress after a long day of schoolwork? Drop into a yoga class filled with support and calmness with our caring staff M & T 4-5PM  
Google Nickname: TechYoga



## STUDY HELP



Need help with your homework after 4pm? Reach out to our academic support team to get the help you need! They can help with assignments, activities and lessons when you're feeling stuck or need support.

## STUDENT SUPPORT TIMES:

		Google Nickname:
Study Help	4-5pm M-Th.	Study4
Study Help	5-6pm Mon., Tues.	Study5
Study Help	6-7pm Wed., Thurs.	Study6
Study Help	7-8pm Monday	Study7
Study Help	8-9pm M-Th	Study8

## BOYS GROUP / GIRLS GROUP



Looking to connect with a staff member or someone to talk to after 4pm? If you want to process through your day, are struggling to keep up with distance learning or just need someone to talk to.

Wednesdays 7-8pm

Google Nickname: GirlsGroup

Google Nickname: BoysGroup