MENTAL HEALTH RESOURCES

**General Education School Social Workers**
- Grades 6-8
- Participate in screening and evaluation of students with social, emotional, behavioral, and/or mental health needs.
- Provide direct and/or indirect services for students on their assigned caseload.
- Services can include individual and/or group mental health skills training, consultation and coordination with community providers and agencies, and providing crisis prevention & intervention.
- Provide information and assist students and families with accessing school and community resources.

**Special Education School Social Workers**
- Provide ongoing individual support to students to assist with coping skills, communication skills and skill building through individualized interventions and crisis management.
- Provide information and assist students and families with service coordination including (but not limited to) crisis intervention, targeted case management, advocacy, service linkage, and navigation.

**School Counselors**
- Provide academic supports.
- Offer social and emotional skills and counseling (individual and group).
- Assist with college and career preparation.
- Connect students with other in-district mental health resources.
- Participate in screening and evaluation of students with social, emotional, behavioral, and/or mental health needs.

**Early Childhood** & PK-12
- Facilitate screening and evaluation of students with academic, social, emotional, behavioral, and/or mental health needs.
- Provide mental health support that may include crisis intervention, staff and family consultation, screening and assessing risk behaviors, or coordination with community providers and agencies.
- Arrange crisis response in schools as needed.
- Provide mental health support for students who qualify for special education services as specified on their Individualized Education Plan (such as individual and/or group mental health skills training, consultation and coordination with community providers and agencies, and providing crisis prevention & intervention).

**Triage**
- Proctor mental health assessment to determine needs and appropriate supports.
- Provide assistance with setting up community mental health supports (psychiatry, diagnostic assessments).
- Arrange crisis response in schools as needed.

**Chemical Health Counselors**
- Provide services for students on their assigned caseload.
- Services can include individual and/or group mental health skills training, consultation and coordination with community providers and agencies, and providing crisis prevention & intervention.
- Provide information and assist students and families with accessing school and community resources.

**Community Resources**
- Crisis Text Line: Text “MN” to 741741
- Four County Crisis Response Team: Call 320-253-5555
- Suicide Crisis Lifeline: Call or Text “988”
- Trevor Project: Text “start” to 678678 or Call 866-488-7386
- Central Minnesota Mental Health Center, Walk-In Appointments Available Tuesday & Thursday
- CentraCare Integrated Behavioral Health: Call 320-229-4977
- Crisis Text Line: Text “MN” to 741741
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**Mental Health Advocates**
- Provide ongoing individual support to students to assist with coping skills, communication skills and skill building through individualized interventions and crisis management.
- Provide information and assist students and families with service coordination including (but not limited to) crisis intervention, targeted case management, advocacy, service linkage, and navigation.

**Chemical Health Counselors**
- Provide direct and/or indirect services for students on their assigned caseload.
- Services can include individual and/or group mental health skills training, consultation and coordination with community providers and agencies, and providing crisis prevention & intervention.
- Provide information and assist students and families with accessing school and community resources.

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