How to Succeed

Physical Education

WHAT'S THIS CLASS ABOUT?

Developing physically literate students who have the knowledge, skills, and confidence to enjoy a lifetime of physical activity

WHAT WILL WE LEARN?

- Skills, rules, and strategies necessary to participate in a variety of physical activities
- Implications and benefits of being involved in various types of activities
- Values of physical activity and how it makes a healthy lifestyle

CLASS EXPECTATIONS:

* Be Prepared with Athletic Clothing
* Be on Time
* Respect Others and their Property
* Use Appropriate Language, Volume, & Tone
* Follow Directions

SOUTH JUNIOR HIGH SCHOOL

❖ Kind
❖ Cooperative
❖ Community
**DAILY GRADING: 10 POINTS**
4 PT- COMPLETING WARM UP
4 PT- UNIT PARTICIPATION
2 PT- BEHAVIOR/ON TIME

**SUPPLIES** - Students should come prepared to class EVERY day.
The following items are required:
- Athletic Shoes
- Shorts or Pants
- Athletic Shirt
- device when told by teacher

**HOW WILL I BE GRADED?**

<table>
<thead>
<tr>
<th>Grading Rubric</th>
<th>Percentage Grading Scale</th>
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<tbody>
<tr>
<td>A - Demonstrates understanding of standards/benchmarks to exceed expectations</td>
<td>A+ 100% - 97%</td>
</tr>
<tr>
<td>B - Demonstrates a secure level of understanding of standards/benchmarks</td>
<td>A 93% - 96%</td>
</tr>
<tr>
<td>C - Demonstrates a developing level of understanding of standards/benchmarks</td>
<td>A- 90% - 92%</td>
</tr>
<tr>
<td>D - Demonstrates a beginning level of understanding of standards/benchmarks</td>
<td>B+ 87% - 89%</td>
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<tr>
<td>F - Demonstrates insufficient evidence of understanding of standards/benchmarks</td>
<td>B 83% - 86%</td>
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<tr>
<td>Work/Study Skills No Behavior Graded</td>
<td>B- 80% - 82%</td>
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<tr>
<td></td>
<td>C+ 77% - 79%</td>
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<td></td>
<td>C 73% - 76%</td>
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<td>C- 70% - 72%</td>
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<td></td>
<td>D+ 67% - 69%</td>
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<td></td>
<td>D 63% - 66%</td>
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<td>D- 60% - 62%</td>
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<td>F 59% - 0%</td>
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**WHAT IF I NEED HELP?**
- Ask Questions
- Check Schoology
- Email PE teacher
- Use virtual office hours

**Always do your own work to ensure your learning.**
Academic Integrity = South Proud!