

# THE CAPSULE BRIEF

## Home of the Eagles – November 2009



### SCHOOL CALENDAR

**DON'T FORGET TO TURN YOUR  
CLOCKS BACK ON OCTOBER 31<sup>ST</sup>!**

#### Parent/Teacher Conferences

Monday, November 2, 2009  
4:00-7:00 p.m.

#### NO SCHOOL

Thursday & Friday  
November 26 & 27



### TESTING

Students in grades 10-12 who have not passed GRAD Writing test will be taking the Retest on Tuesday, November 3<sup>rd</sup>. There will be a make-up test on November 10<sup>th</sup> for any students who do not pass the test.

Students **MUST** pass this test to receive a graduation diploma.



### FINE ARTS PERFORMANCES

Join us in the Apollo Auditorium for the following performances:

Band Concert: November 2<sup>nd</sup> 7:30 p.m.  
Orchestra Concert: November 5<sup>th</sup> 7:30 p.m.



### Activities

**CONGRATULATIONS** to Courney Lynch who was named to the 2009 All-State Team in Girls Soccer!

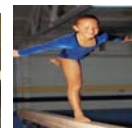
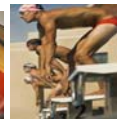
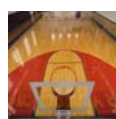
Athletes are gearing up for winter sports. All physicals and paperwork are due before the first practice or you will not be able to practice.

Alpine & Nordic Skiing	November 9
Hockey	November 16
Gymnastics	November 16
Girls Basketball	November 16
Adapted Floor Hockey	November 23
Boys Basketball	November 23
Wrestling	November 23
Boys Swimming	November 30

The Ice Breakers girls hockey team will consist of girls from Apollo, Cathedral and Tech High Schools.

To see our activities schedule click on this link: <http://www.clcmn.com>

**Go Eagles!**



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### ASSISTANT PRINCIPALS' CORNER



### LEARNING WALKS

*“There is a science to teaching...we hear plenty about that. The **magic** that occurs when a teacher is teaching and students are learning and you can see and feel that connection...we just don't hear enough about that.”*

Shawn Gombos -2009

**“These boots are made for walking...and walking is what I'll do...these boots are made for walking..”**

Apollo Administrators are conducting Learning Walks! We observe classroom teachers doing what they do best and record what we see. The Learning Walks allow administrators to observe instructional practices which may determine staff development needs on a building wide or individual basis. We look for key instructional strategies, student engagement, classroom environment and witness the “magic” of teaching.

APOLLO TEACHERS ROCK!!!!

*Mrs. G*



### SCHOOL CLOSING ANNOUNCEMENTS



Announcements regarding school closings, delayed openings, or early dismissals relative to **ST. CLOUD AREA SCHOOL DISTRICT 742** will be made on the following radio and TV stations:

WJON Radio 1240    WWJO Radio 98.1  
KMXX Radio 94.9    KKSR Radio 96.7  
KLZZ Radio 103.7    KXSS Radio 1390  
KCLD Radio 104.7    KNSI Radio 1450  
KZPK Radio 98.9    KCML Radio 99.9  
KASM Radio 1150    KDDG Radio 105.5  
WVAL Radio 800    WHMH Radio 101.7  
KKJM Radio 92.9    KCFB Radio 91.5  
KVSC Radio 88.1    WCCO Radio 830  
WCCO TV Channel 4  
KSTP TV Channel 5  
KARE-11 TV Channel 11  
KMSP-TV Channel 9

In addition to these radio and television outlets, weather alerts are announced on the St. Cloud Times website at [www.sctimes.com](http://www.sctimes.com). You may also tune into the area's cable education access, Channel 6, or the District 742 website at [www.isd742.org](http://www.isd742.org) for up-to-the-minute closing and/or late start reports.

### Campbell Label Project

Apollo High School is asking parents, teachers and friends in the community to collect Campbell product proofs of purchase that can be redeemed for free educational merchandise (visit [labelsforeducation.com](http://labelsforeducation.com) for a complete list of products and point values).

It's easy to pitch in. Simply save product proofs of purchase from any of the eligible Campbell products and put them in our collection bin in the Resource Center at Apollo High School.

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#### GUIDANCE NEWS



##### Night School

Seniors and Juniors who need to make up credits for graduation may attend Night School. Sessions will be offered October 27<sup>th</sup> to May 13<sup>th</sup> on Tuesday and Thursday nights from 5:00 – 7:00 p.m. Students need to see their counselor ASAP for application forms.



##### Scholarship Information

Students are responsible to search for scholarships. The Career Center in the Guidance Office has several scholarship books as well as a blue, three-ring binder with scholarship listings available. See Mary Neumann if you have questions.

The 2009-2010 “Focus on Financial Aid: Your Guide to Paying the College” is now available in the Guidance Office.



#### H1N1 VACCINE



H1N1 flu shot forms were distributed October 22<sup>nd</sup>. Please return them to the office **ASAP** if your child will be receiving the vaccine.

Clinic dates have not been determined but they will be scheduled after the 3<sup>rd</sup> week of November. Participation in the flu shot clinic is voluntary, but the Minnesota Department of Health strongly recommends the vaccination.

The H1N1 flu is a novel virus that young people have no immunity to and it is affecting them the worst. If your child has asthma or other health impairments, the flu injection should be given. Otherwise, if the child is healthy, the mist may be given. If you have questions, contact Apollo's school nurse, Cathy Roseland, LSN, at 253-1600 extension 2027.

#### Winter Weather Preparedness

Winter Hazard Awareness Week is November 9-13. Always wear a hat and mittens. Drink plenty of water to stay hydrated. Know warning signs of hypothermia:

- \*uncontrollable shivering
- \*memory loss
- \*incoherence
- \*slurred speech
- \*drowsiness and apparent exhaustion

Keep extra food and supplies on hand. Have battery operated radio on hand. Create a home and car survival kit. Keep your gas tank at least ½ full to prevent gas line from freezing.



**Parent Leadership Summit**  
on  
**School-wide Positive Behavior Interventions and Supports**

**Friday, November 6, 2009**

**9:00 a.m. to 4:00 p.m.**

**PACER Center**

**You are invited to attend a free, one-day leadership summit for parents on school-wide positive behavior interventions and supports (SW-PBIS).**

School-wide positive behavior interventions and supports is a system for improving student behavior that is used with all students, across all school settings and helps schools create effective, safe learning environments. By attending this exciting Summit you will learn about SW-PBIS from the state experts, work on identifying your leadership potential in the implementation of SW-PBIS in your school and create a plan for parent involvement in SW-PBIS in your school.

Parent participation in SW-PBIS is a critical component for success. Attend and make a difference in the life of your child!

**To register, please contact by 11/3/09 (space is limited)**

**Renelle Nelson**

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